ALL-TIME IVY LEAGUE TEAM CHAMPIONSHIPS

FOUR-TIME WOMEN’S CROSS COUNTRY IVY LEAGUE CHAMPIONS

2002
2003
2004
2005

2012 WOMEN’S INDOOR IVY LEAGUE CHAMPIONS

FIVE-TIME MEN’S CROSS COUNTRY IVY LEAGUE CHAMPIONS

2015
2013
2009
2004
1979
MEN'S ALL-TIME HONORS/ AWARDS

USTFCCCA ALL-AMERICAN
1938 Ben Johnson (OTF)
1939 Richard Ganslen (OTF)
1952 George Shaw (OTF)
1971 Ron Furcht (ITF)
1996 Casey O'Shea (OTF)
2003 Steve Sundell (XC)
2004 Steve Sundell
2007 Erin Hurtault (ITF)
2013 Harrison McFann (OTF), Daniel Everett (ITF). Nico Composto (XC)
2014 John Gregorek (ITF), Harrison McFann (ITF), Noah Laritghe (ITF), Brendon Fish (ITF), Daniel Everett (ITF)
2016 Robert Napolitano (ITF)

USTFCCCA ALL-ACADEMIC
2008 Brendan Martin, Jeff Moriarity, Jonah Rathbun
2009 William Ballenthin, Jeff Moriarity, Stefan Vutescu
2011 Nico Composto, Brendan Martin, Mike Murphy, Paul Snyder
2012 Connor Claflin, Nico Composto, Brendon Fish, John Gregorek
2013 Connor Claflin, Nico Composto, Brendon Fish, John Gregorek, Harrison McFann, Mike Murphy
2014 Case Adams, Connor Claflin, Ben Eversole, Aubrey Myjer, Tait Rutherford
2015 Tait Rutherford

IVY LEAGUE MOST OUTSTANDING PERFORMER
2005 Erin Hurtault (ITF)

ALL-IVY LEAGUE SECOND TEAM (XC)
1986 Fred Ernst
1989 Greg Yahn
1991 John Litzenberg, Glen Morgan
1993 Casey O'Shea
1994 Casey O'Shea
1997 Tom Kloos, Josh Novak
1999 Jason Gibbs
2000 John Graive
2001 John Graive
2003 Karl Dusen, Gerry Groothuis
2004 Karl Dusen, Mark Olivier
2005 Jon Marcus
2006 Paul Morris, Brian Horneck
2007 James Bonger
2008 Tom Poland, Brendan Martin, Ross Turner, Bobby Hartnett
2009 Kyle Merber, Terence Prial
2011 Mike Murphy, Nico Composto, Ben Veilleux
2012 Mike Murphy
2014 Tait Rutherford
2015 Tait Rutherford
2016 Brian Zabiski, Kenny Vasbinder

ACADEMIC ALL-IVY LEAGUE
1992 Jean Luc-Neptune, Andy Nickerson, Greg Yahn
1993 Peter Brady, Mike Pratt
1994 Dave Knowles, Teri Martin, Mike Strange
1995 Matt Pichel, Mike Strange
1996 Matt Pichel
1997 Tom Kloos
1998 Tom Kloos, Amerigo Rossi, Geoff Warren
1999 Filip Jagodzinski, Tom Kloos
2000 Sarah Feeley, Kara Keer
2001 John Garvie, Mike Krug, Evan Zeisel
2002 David Epstein, Vincent Galgano, John Garvie, Evan Zeisel
2003 Vincent Galgano, Trish Nolan
2004 Vincent Galgano, Tenke Zoltani
2005 Karl Dusen, Tenke Zoltani
2006 Tyler Kastorff, Liam Boylan-Pett, Alan Weeth, Tenke Zoltani
2007 Mike Oliver, Liam Boylan-Pett, Jonah Rathbun
2008 Liam Boylan-Pett, Jonah Rathbun
2009 Stefan Vutescu
2010 Brendan Martin, Kyle Merber
2011 Dustin Martin, Dylan Isaacs
2012 John Gregorek, Harrison McFann, Kyle Merber, Mike Murphy
2013 John Gregorek, Harrison McFann, Mike Murphy, Jacob Sienko
2014 Tait Rutherford, Connor Claffin
2015 Aubrey Myjer, Tait Rutherford
2016 Tait Rutherford, Brian Zabiski
2017 Alek Sauer

USTFCCCA TEAM ACADEMIC AWARD

CROSS COUNTRY AWARD
Awarded annually to the member of the Columbia varsity cross country team who has made the greatest contribution in terms of performance, effort, improvement and team skill.

2000 Ray Biersbach  2010 Brendan Martin
2001 Steve Sundell  2011 Tom Poland
2002 Steve Sundell  2012 Kyle Merber
2003 Steve Sundell  2013 Jacob Sienko
2004 Steve Sundell  2014 Nico Composto
2005 Karl Dusen, Gerry Groothuis  2015 Jack Boyle
2006 Jon Marcus  2016 Jack Boyle
2007 Paul Morris  2017 Robert Napolitano
2009 Brendan Martin

EDGAR "DICK" MASON TROPHY
Awarded to a member of the varsity track team for enthusiasm, perseverance, and competitive spirit.

2000 Evan Zeisel  2010 Michael Mark
2002 Evan Zeisel  2012 Mike Murphy
2003 John Garvie  2013 Mike Murphy
2004 Andrew Mason  2014 Jacob Sienko
2005 Will Boylan-Pett  2015 Connor Claffin
2006 Kent Collins  2016 Dustin Wilson/Marc Violone
2008 Zach Richard  2017 Robert Napolitano
2009 Kyle Merber

HARRISON K. BIRD AWARD
Awarded to the outstanding member of the varsity track squad.

2000 Jason Gibbons
2002 Vince Galgano, Steve Sundell
2003 Steve Sundell (ITF), Vince Galgano (OTF)
2004 Steve Sundell (ITF), Erin Hurtault (OTF)
2005 Erin Hurtault (ITF)
2006 Erin Hurtault (ITF)
2007 Liam Boylan-Pett (TF), Erin Hurtault (OTF)
2008 Liam Boylan-Pett (ITF)
2009 Stefan Vutescu (ITF), Jeff Moriarity (OTF)
2010 Kyle Merber, (ITF), Jeff Moriarity (OTF)
2011 Kyle Merber, (ITF), Mark Feigen (OTF)
2012 Kyle Merbe, (ITF), Mark Feigen (OTF)
2013 Daniel Everett (ITF), Mark Feigen (OTF)
2014 Brendon Fish (ITF), John Gregorek (OTF)
2015 Brendon Fish (ITF), Connor Claffin (OTF)
2016 Robert Napolitano (ITF & OTF)
2017 Alek Sauer (ITF), Robert Napolitano (OTF)

GUSTAVE A. JAEGGER MEMORIAL PRIZE
Awarded to a member of the Columbia college track or football team who, in the face of unusual challenge and difficulty, persevered to achieve significant success during his or her athletic career.

2000 Cie-Jai Brown
2002 David Epstein
2005 Karl Dusen
2007 Mark Oliver
2009 Tom Poland
2010 Adam Behnke
2011 Adam Behnke
2014 Tim Cousins
2014 Casey Adams

STEVEN N. CHAIT AWARD
Awarded to a member of the varsity track & field team who best exemplifies the qualities of integrity, teamwork, fellowship and camaraderie.

2008 Jonah Rathbun
2012 Adam Behnke
2013 Mark Feigen
2017 Robert Napolitano

GUSTAVE A. JAEGGER MEMORIAL PRIZE
WOMEN’S ALL-TIME HONORS/AWARDS

USTFCCCA ALL-AMERICAN
2001 Caitlin Hickin (XC)
2003 Caitlin Hickin (XC)
2004 Caroline Bierbaum (XC)
2005 Caroline Bierbaum (XC, ITF, OTF), Lisa Stublic (XC)
2007 Carmen Ballard (XC)
2008 Nadia Eke (OTF)
2011 Sharay Hale (ITF), Waverly Neer (XC)
2013 Waverly Neer (ITF)
2014 Nadia Eke (ITF)

ACADEMIC ALL-AMERICAN TEAM
1987 Ilaria Rebay (XC - 1st Team)
2005 Caroline Bierbaum (XC - 1st Team)
2006 Caroline Biernaum (XC - 1st Team)

USTFCCCA ALL-ACADEMIC
1999 Kara Kerr
2000 Lauren Harrison
2002 Patricia Nolan
2007 Stephanie Lenihan
2008 Shelby Leland, Stephanie Lenihan, Megan Lessard, Alaina Miller
2009 Jackie Drouin, Kari Higdem, Sarita Lachesis, Megan Lessard, Alaina Miller, Juliane Quinn
2010 Mallory Anderson, Jackie Drouin, Sarita Lachesis, Emily Lanois, QueenDenise Okeke, Juliane Quinn
2011 Jackie Drouin, Emily Lanois, QueenDenise Okeke, Noelle Van Rysselbergh, Laura Vogel
2012 Mallory Anderson, Clare Buck, Erin Gillingham, Marvellous Iheukwumere, Emily Lanois, Waverly Neer, Madeline Rathbun
2013 Mallory Anderson, Erin Gillingham, Marvellous Iheukwumere, Waverly Neer, Caroline Williams
2014 Nadia Eke, Akua Obeng-Akrofi, Olivia Sadler
2015 Natalie Tanner

IVY LEAGUE MOST OUTSTANDING PERFORMER
2010 Sharay Hale (ITF)
2011 Sharay Hale (ITF/OTF)

ALL-IVY LEAGUE SECOND TEAM (XC)
1989 Devon Martin (XC)
1999 Haley Acre(XC)
2000 Haley Acre (XC), Melissa Stellato (XC)
2001 Patricia Nolan (X)
2002 Liz Burke (XC), Lisa Stublic (XC)
2003 Alex Guerrero (XC), Loretta Kilmer (XC), Tenke Zoltani (XC)
2004 Delilah DiCrescenzo (XC), Lisa Stublic (XC), Tenke Zoltani (XC)
2005 Tene Zoltani (XC)
2006 Shelby Leland (XC), Stephe Lenihan (XC)
2007 Jackie Drouin (XC), Stephe Lenihan (XC)
2008 Meaghan Lessard (XC)
2009 Jackie Drouin (XC), Christina Henderson (XC), Julie Quinn (XC)
2011 Clare Buck (XC)
2014 Leila Mantilla (XC)
2015 Olivia Sadler, Leila Mantilla

ACADEMIC ALL-IVY LEAGUE
1992 Susan Kohn, Michele Smith
1993 Michele Smith, Meg Tomcho
1994 Janet Fu, Annette Ostling
1995 Janet Fu, Meg Tomcho
1996 Janet Fu
1997 Martina Brosnan
1998 Sarah Feeley, Kara Kerr
1999 Sarah Feeley, Kara Kerr
2000 Sarah Feeley, Kara Kerr
2001 Lauren Harrison, Lindey Stephenson, Vanessa Yonan
2002 Lauren Harrison, Meaghan Gregory, Lindsey Stephenson
2003 Erin Raggio
2004 Loretta Kilmer
2005 Caroline Bierbaum, Hilary Bontz, Caryn Waterson
2006 Caroline Bierbaum, Laura Myers
2007 Sarah Decker, Susan Hendrick, Stephanie Lenihan
2008 Stephanie Lenihan
2009 Serita Lachesis, Megan Lessard
2010 Jackie Drouin, Serita Lachesis
2011 Jackie Drouin, QueenDenise Okeke, Noelle Van Rysselbergh, Laura Vogel
2012 Clare Buck, Marvellous Iheukwumere
2013 Marvellous Iheukwumere, Waverly Neer
2014 Nadia Eke, Olivia Sadler
2015 Natalie Tanner
2016 Sarah Hardie, Natalie Tanner, Henna Rustami, Brittny Wade
2017 Henna Rustami

USTSCCCA TEAM ACADEMIC AWARD

Since 2000
KATHY SHEILS AWARD
Awarded to the outstanding member of the women's varsity track team.

2000 Kara Kerr
2001 Caitlin Hickin
2002 Caitlin Hickin (ITF), Loretta Kilmer (OTF)
2003 Melissa Stellato
2005 Caroline Bierbaum (ITF)
2006 Lisa Stublic (ITF), Susan Hendrick (OTF)
2007 Carmen Ballard (ITF), Susan Hendrick (OTF)
2008 Carmen Ballard (ITF)
2009 Megan Lessar (ITF), Sharay Hale (OTF)
2010 Sharay Hale (ITF), Kyra Caldwell (OTF)
2011 Sharay Hale
2012 Waverly Neer (ITF), Nadia Eke (OTF)
2013 Marvellous Iheukwumere (ITF)
2014 Nadia Eke (ITF), Marvellous Iheukwumere (OTF)
2015 Nadia Eke (ITF), Nadia Eke (OTF)
2016 Anna Williams (ITF), Brittny Wade (OTF)
2017 Henna Rustami (ITF), Akua Obeng-Akrofi (OTF)

GUSTAVE A. JAEGGER MEMORIAL PRIZE
Awarded to a member of the Columbia college track or football team who, in the face of unusual challenge and difficulty, persevered to achieve significant success during his or her athletic career.

2003 Erin Raggio
2005 Erin Wesseldine
2004 Loretta Kilmer
2003 Melissa Stellato
2005 Caroline Bierbaum (ITF)
2006 Lisa Stublic (ITF), Susan Hendrick (OTF)
2007 Carmen Ballard (ITF), Susan Hendrick (OTF)
2008 Carmen Ballard (ITF)
2009 Megan Lessar (ITF), Sharay Hale (OTF)
2010 Sharay Hale (ITF), Kyra Caldwell (OTF)
2011 Sharay Hale
2012 Waverly Neer (ITF), Nadia Eke (OTF)
2013 Marvellous Iheukwumere (ITF)
2014 Nadia Eke (ITF), Marvellous Iheukwumere (OTF)
2015 Nadia Eke (ITF), Nadia Eke (OTF)
2016 Anna Williams (ITF), Brittny Wade (OTF)
2017 Henna Rustami (ITF), Akua Obeng-Akrofi (OTF)

STEVEN N. CHAIT AWARD
Awarded to a member of the varsity track & field team who best exemplifies the qualities of integrity, teamwork, fellowship and camaraderie.

2007 Susan Hendrick
2008 Serita Lachesis
2009 Serita Lachesis
2014 Trina Bills
2015 Joanna Koronios
2016 Iris Chiijoke (ITF), Grace Shadid (OTF)
2017 Anna Williams (ITF & OTF)
### Cross Country First-Team

#### All-Ivy League

**Men**
- 1973: Ray Fitzgibbon
- 1974: Paul Heck
- 1979: Wally Collins
- 1995: Casey O’Shea
- 1997: Mike Grant
- 1998: Mike Grant* (Heptagonal Champion)
- 1999: Ray Biersbach
- 2000: Steve Sundell
- 2001: Steve Sundell
- 2002: John Garvie
- 2003: Steve Sundell* (Heptagonal Champion)
- 2006: Mark Olivier
- 2009: Brendan Martin
- 2010: Tom Poland
- 2011: Kyle Merber
- 2012: Leighton Spencer
- 2013: Nicolas Composto
- 2015: Aubrey Myjer
- 2016: Robert Napolitano
- 2017: Alek Sauer

**Women**
- 1998: Kara Kerr
- 1999: Kara Kerr
- 2000: Lauren Harrison
- 2003: Caitlin Hickin
- 2005: Caroline Bierbaum*
- 2006: Lisa Stublic
- 2007: Carmen Ballard
- 2010: Caroline McDonough
- 2012: Jackie Drouin
- 2011: Waverly Neer
- 2013: Waverly Neer
- 2014: Olivia Sadler

* - Heptagonal Champion

### Ivy League Heptagonal Indoor Track & Field Champions - Men

<table>
<thead>
<tr>
<th>Year</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>1948</td>
<td>High jump, two-mile relay</td>
</tr>
<tr>
<td>1952</td>
<td>600 yds</td>
</tr>
<tr>
<td>1953</td>
<td>600 yds</td>
</tr>
<tr>
<td>1954</td>
<td>35-lb weight, shot put</td>
</tr>
<tr>
<td>1960</td>
<td>Long jump</td>
</tr>
<tr>
<td>1977</td>
<td>High jump</td>
</tr>
<tr>
<td>1978</td>
<td>High jump</td>
</tr>
<tr>
<td>1999</td>
<td>5000m relay</td>
</tr>
<tr>
<td>2002</td>
<td>800m relay</td>
</tr>
<tr>
<td>2003</td>
<td>800m relay</td>
</tr>
<tr>
<td>2006</td>
<td>400m relay</td>
</tr>
<tr>
<td>2007</td>
<td>400m relay</td>
</tr>
<tr>
<td>2008</td>
<td>800m relay</td>
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<td>2009</td>
<td>1000m relay</td>
</tr>
<tr>
<td>2010</td>
<td>2000m relay</td>
</tr>
<tr>
<td>2011</td>
<td>6000m relay</td>
</tr>
<tr>
<td>2012</td>
<td>10000m relay</td>
</tr>
</tbody>
</table>

### Ivy League Heptagonal Indoor Track & Field Champions - Women

<table>
<thead>
<tr>
<th>Year</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>1986</td>
<td>400m</td>
</tr>
<tr>
<td>1992</td>
<td>3000m</td>
</tr>
<tr>
<td>2001</td>
<td>200m, 400m</td>
</tr>
<tr>
<td>2012</td>
<td>60m, 200m</td>
</tr>
<tr>
<td>2013</td>
<td>60m, 200m</td>
</tr>
<tr>
<td>2014</td>
<td>60m, 200m</td>
</tr>
<tr>
<td>2015</td>
<td>60m, 200m</td>
</tr>
<tr>
<td>2016</td>
<td>60m, 200m</td>
</tr>
<tr>
<td>2017</td>
<td>3000m</td>
</tr>
<tr>
<td>2018</td>
<td>3000m</td>
</tr>
<tr>
<td>2019</td>
<td>3000m</td>
</tr>
</tbody>
</table>

*DMR* - Distance Medley Relay
Women
1983 Carrie Daly, javelin
1984 Carrie Daly, javelin
1985 Heather Ruddock, 400m
1995 Teri Martin, triple jump
1997 Emily Carey, high jump
1999 Kyla Pavlina, pole vault
2000 Kara Kerr, 5,000m
2001 Lindsey Stephenson, javelin
2002 Lindsey Stephenson, javelin (meet record-holder)
2003 Delilah DiCrescenzo, 3000m steeplechase
2004 Delilah DiCrescenzo, 3000m steeplechase
2005 Caroline Bierbaum, 10,000m (meet record-holder)
2006 Whitney Crayton, 400m hurdles
2007 Osamuede Iyoha, 400m hurdles
4x800m relay: D. Padilla, S. Lachesis, S. Decker, S. Hendrick
2008 Melissa Ikono, 100m
2009 Kyra Caldwell, 100m hurdles
Elisse Douglass, Triple jump
Sharay Hale, 400m
Megan Lessard, 1,500m
2010 Kyra Caldwell, 100m hurdles, 400m hurdles
Jacqueline Drouin, 1500m
Sharay Hale, 200m
Monique Roberts, High jump
4x400 m relay: K. Caldwell, Y. Bell, U. Ofocle, S. Hale
2011 Kyra Caldwell, 400m hurdles
Sharay Hale, 200m, 400m
Uju Ofocle, Long Jump
Monique Roberts, High Jump
4x400 m relay: K. Caldwell, Y. Bell, L. Vogol, S. Hale
2012 Nadia Eke, Triple Jump
Uju Ofocle, Long Jump
2013 Marvellous Ihekwumere, 100m, 200m
Waverly Neer, 5,000m
Uju Ofocle, Long Jump
4x100 m relay: U. Ofocle, M. Ihekwumere, I. Chijioke, J. Parker
2014 Marvellous Ihekwumere, 200m
Nadia Eke, triple jump
2015 Nadia Eke, triple jump, long jump
4x800m relay: M. Ihekwumere, 200m
2016 Brittney Wade, 800m run
Anna Williams, triple jump
4x800m relay: Brittney Wade, Libby Kokes, Olivia Sadler, Sarah Hardie
2017 Sarah Hardie, 800m
Akua Obeng-Akrofi, 400m
Henra Rushami, 5,000m
Natalie Tanner, 10,000m

Men
1935 Ben Johnson, 100m
1938 Francis Ryan, javelin, shot put
1939 Richard Ganslen, pole vault
1940 Francis Ryan, shot put
1941 William Broemel, pole vault
1942 William Broemel, pole vault
1943 William Broemel, pole vault
1944 William Vessie, high jump
1945 Milton Smith, 880 yds
1947 William Berger, mile
4x800 relay: M. Gregory, E. Raggio, C. Waterson, V. Yonan
1948 William Berger, two miles
1949 John Zegger, 100 yds
1951 Mark Winfield, 100 yds; 440-yd relay
1953 Al Thompson, shot put
1959 Gerald Monroe, long jump
1964 Peter Kristal, 220 yds
1976 Paul Heck, 3000m steeplechase
1980 Rich McNally, 5000m
1996 Casey O’Shea, 3000m steeplechase
1999 Jason Gibbons, 3000m steeplechase
2000 Ray Biersbach, 5000m
2003 Steve Sundell, 5000m
2004 Erison Hurtault, 400m
4x400 relay: M. Moncur, V. Galgano, L. Kowitz, E. Hurtault
2005 Erison Hurtault, 400m
2006 Erison Hurtault, 400m
2007 Erison Hurtault, 200m
2008 Erison Hurtault, 400m
4x400m relay: C. Benton, M. Mark, K. Collins, E. Hurtault
2009 Jeff Randell, 3000m steeplechase
2010 Kyle Merber, 1500m
2012 Harrison McFann, 800m
4x800 relay: M. Feigen, B. Fish, K. Merber, H. McFann
2013 Ryan Thomas, 5,000m
4x800 relay: S. Ritz, W. Hall, A. Sauer, R. Napolitano
### WOMEN’S CROSS COUNTRY

<table>
<thead>
<tr>
<th>Coach, Year</th>
<th>Finish</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kate Moore, 1983-1989</td>
<td>8th</td>
<td>258 pts.</td>
</tr>
<tr>
<td>1983</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1984</td>
<td>10th</td>
<td>322 pts.</td>
</tr>
<tr>
<td>1985</td>
<td>10th</td>
<td>299 pts.</td>
</tr>
<tr>
<td>1986</td>
<td>10th</td>
<td>330 pts.</td>
</tr>
<tr>
<td>1987</td>
<td>10th</td>
<td>316 pts.</td>
</tr>
<tr>
<td>1988</td>
<td>10th</td>
<td>278 pts.</td>
</tr>
<tr>
<td>1989</td>
<td>10th</td>
<td>295 pts.</td>
</tr>
<tr>
<td>Jackie Blackett, 1990-1992</td>
<td>10th</td>
<td></td>
</tr>
<tr>
<td>1990</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1991</td>
<td>10th</td>
<td>286 pts.</td>
</tr>
<tr>
<td>1992</td>
<td>10th</td>
<td>294 pts.</td>
</tr>
<tr>
<td>Karen Reardon, 1993-1994</td>
<td>9th</td>
<td></td>
</tr>
<tr>
<td>1993</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1994</td>
<td>9th</td>
<td>268 pts.</td>
</tr>
<tr>
<td>Willy Wood, 1995-2014</td>
<td>9th</td>
<td></td>
</tr>
<tr>
<td>1995</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1996</td>
<td>9th</td>
<td>259 pts.</td>
</tr>
<tr>
<td>1997</td>
<td>9th</td>
<td>254 pts.</td>
</tr>
<tr>
<td>1998</td>
<td>5th</td>
<td>127 pts.</td>
</tr>
<tr>
<td>1999</td>
<td>3rd</td>
<td>81 pts.</td>
</tr>
<tr>
<td>2000</td>
<td>3rd</td>
<td>62 pts.</td>
</tr>
<tr>
<td>2001</td>
<td></td>
<td>85 pts.</td>
</tr>
<tr>
<td>2002</td>
<td></td>
<td>10 pts.</td>
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<tr>
<td>2003</td>
<td></td>
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<tr>
<td>2004</td>
<td></td>
<td></td>
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<tr>
<td>2005</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2006</td>
<td>2nd</td>
<td>64 pts.</td>
</tr>
<tr>
<td>2007</td>
<td>2nd</td>
<td>69 pts.</td>
</tr>
<tr>
<td>2008</td>
<td>2nd</td>
<td>80 pts.</td>
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<tr>
<td>2009</td>
<td>3rd</td>
<td>75 pts.</td>
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<tr>
<td>2010</td>
<td>2nd</td>
<td>60 pts.</td>
</tr>
<tr>
<td>2011</td>
<td>2nd</td>
<td>51 pts.</td>
</tr>
<tr>
<td>2012</td>
<td>6th</td>
<td>116 pts.</td>
</tr>
<tr>
<td>2013</td>
<td>5th</td>
<td>101 pts.</td>
</tr>
<tr>
<td>Dan Ireland, 2014-present</td>
<td>3rd</td>
<td>95 pts.</td>
</tr>
<tr>
<td>2014</td>
<td></td>
<td>94 pts.</td>
</tr>
<tr>
<td>2015</td>
<td></td>
<td>166 pts.</td>
</tr>
</tbody>
</table>

### WOMEN’S TRACK & FIELD

<table>
<thead>
<tr>
<th>Coach, Year</th>
<th>Indoor Heps Finish</th>
<th>Outdoor Heps Finish</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kate Moore, 1983-1989</td>
<td>10th - 10 pts.</td>
<td>9th - 11 pts.</td>
</tr>
<tr>
<td>1984</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1985</td>
<td>10th - 0 pts.</td>
<td>9th - 11 pts.</td>
</tr>
<tr>
<td>1986</td>
<td>10th - 10 pts.</td>
<td>10th - 2 pts.</td>
</tr>
<tr>
<td>1987</td>
<td>10th - 8 pts.</td>
<td>10th - 8 pts.</td>
</tr>
<tr>
<td>1988</td>
<td>9th - 10 pts.</td>
<td>10th - 7.3 pts.</td>
</tr>
<tr>
<td>1989</td>
<td>9th - 6 pts.</td>
<td>10th - 2 pts.</td>
</tr>
<tr>
<td>Jackie Blackett, 1990-1992</td>
<td>10th - 6 pts.</td>
<td>10th - 10 pts.</td>
</tr>
<tr>
<td>1990</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1991</td>
<td>10th - 2 pts.</td>
<td>10th - 5 pts.</td>
</tr>
<tr>
<td>1992</td>
<td>10th - 4 pts.</td>
<td>10th - 0 pts.</td>
</tr>
<tr>
<td>Karen Reardon, 1993-1995</td>
<td>10th - 0 pts.</td>
<td>10th - 6 pts.</td>
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<tr>
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<tr>
<td>1994</td>
<td>10th - 4 pts.</td>
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<td>9th - 10 pts.</td>
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<td>9th - 0 pts.</td>
<td>9th - 9 pts.</td>
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<td>9th - 20.5 pts.</td>
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<td>7th - 49 pts.</td>
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<td>9th - 12 pts.</td>
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<td>2003</td>
<td>7th - 39 pts.</td>
<td>6th - 62 pts.</td>
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<td>2004</td>
<td>7th - 20.5 pts.</td>
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<td>3rd - 99 pts.</td>
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<td></td>
<td>4th - 85 pts.</td>
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<td>2016</td>
<td>6th - 52 pts.</td>
<td>4th - 57 pts.</td>
</tr>
<tr>
<td>2017</td>
<td>3rd - 97.33 pts.</td>
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</table>
Dan Ireland took over as the Director of Cross Country/Track & Field in 2014. Coach Ireland claimed the Ivy League women's Indoor Track & Field Coach of the Year in his first season at the helm, and followed it up as the 2015 Ivy League Men's Cross Country Coach of the Year.
## CROSS COUNTRY

<table>
<thead>
<tr>
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<td>Tom Kloos</td>
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<tr>
<td>Mike Grant</td>
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<td>Thomas Poland</td>
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<td>Justin Heck</td>
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<td>Mike Murphy</td>
<td>2011, 2012</td>
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<tr>
<td>Leighton Spencer</td>
<td>2011, 2012</td>
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<tr>
<td>Ben Veilleux</td>
<td>2011, 2012</td>
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<tr>
<td>Daniel Everett</td>
<td>2012, 2013</td>
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<td>Mark Feigen</td>
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<td>Jack Boyle</td>
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<td>Joe Kotran</td>
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<td>Ben Golestan</td>
<td>2013</td>
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<tr>
<td>Matt Murphy</td>
<td>2011, 2012</td>
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<tr>
<td>Kenny Vasbinder</td>
<td>2016</td>
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<td>Brian Zabilski</td>
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## INDOOR TRACK & FIELD

### Men

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<td>Ron Furcht</td>
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<td>6th</td>
<td>2007</td>
</tr>
<tr>
<td>Kyle Merber</td>
<td>1 Mile</td>
<td>15th</td>
<td>2010</td>
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<tr>
<td>John Gregorek</td>
<td>1 Mile</td>
<td>6th</td>
<td>2014</td>
</tr>
<tr>
<td>McFann, Lartrique</td>
<td>DMR</td>
<td>6th</td>
<td>2014</td>
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<tr>
<td>Fish, Everett</td>
<td></td>
<td></td>
<td></td>
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<tr>
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<td>14th</td>
<td>2016</td>
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### Women

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<td>Gregory, Hickin</td>
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<td>2005</td>
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<td>2010</td>
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<td>Monique Roberts</td>
<td>high jump</td>
<td>18th</td>
<td>2010</td>
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<td>Shayar Hale</td>
<td>400m</td>
<td>7th</td>
<td>2011</td>
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<td>Waverly Neer</td>
<td>3000m</td>
<td>15th</td>
<td>2012</td>
</tr>
<tr>
<td>Nadia Eke</td>
<td>triple jump</td>
<td>6th</td>
<td>2014</td>
</tr>
<tr>
<td>Nadia Eke</td>
<td>triple jump</td>
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## OUTDOOR TRACK & FIELD

### Men

<table>
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<th>Name</th>
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<tr>
<td>Ben Johnson</td>
<td>220 yds.</td>
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<td>1937</td>
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<tr>
<td>Richard Ganslen</td>
<td>pole vault</td>
<td>1st</td>
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<td>George Shaw</td>
<td>triple jump</td>
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<td>1952</td>
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<tr>
<td>Charles Allen</td>
<td>high jump</td>
<td>7-8th</td>
<td>1978</td>
</tr>
<tr>
<td>Casey O’Shea</td>
<td>3000m steeple</td>
<td>12th</td>
<td>1995</td>
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<tr>
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<td>7th</td>
<td>1996</td>
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<tr>
<td>Vince Galgano</td>
<td>800m</td>
<td>17th</td>
<td>2003</td>
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<tr>
<td>Steve Sundell</td>
<td>5000m</td>
<td>24th</td>
<td>2003</td>
</tr>
<tr>
<td>Erison Hurtault</td>
<td>400m</td>
<td>20th</td>
<td>2004</td>
</tr>
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<td>Steve Sundell</td>
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<td>8th</td>
<td>2004</td>
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<tr>
<td>Erison Hurtault</td>
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<td>26th</td>
<td>2005</td>
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<td>Erison Hurtault</td>
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<td>Liam Boylan-Pett</td>
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<td>2012</td>
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<td>Daniel Everett</td>
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<td>17th</td>
<td>2013</td>
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<td>2013</td>
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<td>John Gregorek</td>
<td>1,500m</td>
<td>20th</td>
<td>2014</td>
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<td>Robert Napolitano</td>
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<td>21st</td>
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### Women

<table>
<thead>
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<td>2nd</td>
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<td>11th</td>
<td>2009</td>
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<td>Shary Hale</td>
<td>400m</td>
<td>9th</td>
<td>2010</td>
</tr>
<tr>
<td>Caroline McDonough</td>
<td>5000m</td>
<td>14th</td>
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<td>15th</td>
<td>2016</td>
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<td>Nell Crosby</td>
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## Team

### Men/Women Year(s)

**Men**


**Women**


### NCAA CHAMPIONSHIPS COMPETITORS

**Caroline Bierbaum**

**Casey O’Shea**

**Caroline Bierbaum, Erison Hurtault, Delilah DiCrescenzo, and Karl Dunsen**

**Lindsey Stephenson, Kyle Merber, Nadia Eke, Caroline McDonough, and Waverly Neer**

**Jacob Sienko, Mike Murphy, Leighton Spencer, Byron Jones, and Mark Feigen**
### Columbia Records

<table>
<thead>
<tr>
<th>Event</th>
<th>Distance</th>
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<th>Year</th>
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<td>60 Meter Dash</td>
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<td>60.87 Stefan Vutescu</td>
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<td>60.90 John Potter</td>
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<td>60.96 Tyler Hendry</td>
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<td>70.00 Jamaal Matthews</td>
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<td>70.01 Herbert Weast</td>
<td>1936</td>
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<td>70.01 George Shaw</td>
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<td>70.01 Allen Collins</td>
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<td>2:24.84 Todd Horst</td>
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<td>2:20.74 Jeff Moriarity</td>
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<td>1.98m Pete Joeckel</td>
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### Men's Indoor Records

<table>
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<td>John Potter</td>
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<td>10.00c</td>
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<td>30.00c</td>
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<td>1984</td>
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<td>2017</td>
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<td>100.00c</td>
<td>Robert O'Brien</td>
<td>2017</td>
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<td>Mile Run</td>
<td>3:58.52</td>
<td>Kyle Merber</td>
<td>2010</td>
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<td>3,000 Meter Run</td>
<td>3:58.96</td>
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<td>Liam Boylan-Pett</td>
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<td>Pole Vault</td>
<td>5:00m</td>
<td>Robert O'Brien</td>
<td>2017</td>
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<td>15.17m</td>
<td>Daniel Igboiwike</td>
<td>2017</td>
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<tr>
<td>Shot Put</td>
<td>16.64m</td>
<td>Al Thompson</td>
<td>1954</td>
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Steve Sundell '04CC holds school records in both the indoor and outdoor 5,000 meters. Sundell made All-American in both cross country and the 5000 meters outdoors. The 2003 Heptagonal Ivy League champion, Sundell also took Ivy championships in the 3000 and 5000 indoors, and 5000 outdoors.

Columbia records, in both relays and individual events.

Columbia records, in both relays and individual events.
Ben Johnson (above), the greatest short distance sprinter in Columbia history, ran 6.1 seconds for the semifinals of the 60-yard dash at Madison Square Garden in 1938. In the final, he was clocked at 6.0, but the officials decided Johnson the new time, because, according to an article written by Lew King, the records committee would not believe that anyone could run that fast. He was credited with a time of 6.1. Johnson’s school record in the 60 meter dash (6.60), set in 1939, has stood for almost seven decades.
Sharay Hale ‘12 CC, the highly accomplished sprinter holds a number of Columbia records.

Columbia history to receive All-American honors, in 2001 and 2003. Caitlin Hickin ‘04 CC was the first female cross country runner in Columbia history to receive All-American honors, in 2001 and 2003.

Kyla Pavlina set the 800m and the 4x800m relay records.

Brittney Wade ‘17 CC owns school records in the 800m run and the 4x800m relay.
100 Meter Dash
11.63 Melissa Ikono 2008
11.67 Marvellous Iheukwumere 2014
11.68 Sharay Hale 2011
11.78 Akua Obeng-Akrofi 2015
11.96 Amanat Irafen 2017
12.19 Julia Drzyzgauci 2003
12.20 Shalon Conley 2017
12.27 Iris Chiengjoke 2014
12.31 Alycia Riccobono 1996

200 Meter Dash
23.26 Akua Obeng-Akrofi 2017
23.33 Sharay Hale 2011
23.54 Marvellous Iheukwumere 2013
23.59 Ashley Cunningham 2014
24.04 Jaycee Parker 2014
24.40 Erika Moses 2008
24.41 Uju Ofoche 2010
24.60 Melissa Ikono 2008
24.73 Kristen Houp 2010
24.74 Kyra Caldwell 2010

400 Meter Dash
52.40 Sharay Hale 2011
52.47 Akua Obeng-Akrofi 2017
53.53 Erika Moses 2008
54.28 Jaycee Parker 2014
54.88 Yamira Bell 2010
54.95 Heather Riddick 1987
55.28 Iman Sule 2017
55.45 Ashley Williams 2008
56.00 Sara Lachesis 2000
56.23 De-Lea Deane 1999

400 Hurdles
57.98 Kyra Caldwell 2010
58.10 Susan Rodriguez 2013
60.09 Whitney Crayton 2006
60.71 Osamude Iyoha 2007
60.73 Kathy Schlichtman 2006
61.41 Marissa Smith 2008

800 Meter Run
2:05.30 Brittany Wade 2017
2:06.64 Trina Bills 2014
2:06.68 Sarah Hardie 2017
2:07.79 Madeline Rathbur 2012
2:08.56 Erin Raggio 2013
2:08.42 Sarah Deckor 2005
2:09.37 Serbia Lachesis 2006
2:09.60 Serita Wattsor 2004
2:09.80 Olivia Sadler 2016
2:10.59 Jillian Murray 2017

1,500 Meter Run
4:18.04 Devon Martin 1990
4:18.36 Olivia Sadler 2015
4:20.42 Jacquelline Drouin 2011
4:20.87 Erin Gillingham 2013
4:21.95 Delilah DiCrescenzo 2005
4:22.24 Libby Kokes 2016
4:22.34 Henna Rustami 2017
4:23.04 Megan Lessard 2009
4:23.33 Carmen Ballard 2007
4:24.99 Susan Hendrick 2011

5,000 Meter Run
15:37.85 Alice MaBarron 2005
15:34.77 Emily Laonis 2012
15:39.88 Lisa Stublic 2006
15:40.07 Delilah DiCrescenzo 2005
15:42.55 Nell Crosby 2017
15:43.88 Megan Lessard 2009
15:44.62 Jacqueline Drouin 2011
15:46.38 Elisa Pello Van Rysehelberge 2011

10,000 Meter Run
32:44.51 Caroline Bierbaum 2005
32:43.36 Emily Laonis 2012
32:43.98 Lisa Stublic 2006
32:44.00 Delilah DiCrescenzo 2005
32:46.22 Abby McLaughlin 2017
32:48.88 Megan Lessard 2009
32:49.44 Jacqueline Drouin 2011
32:52.84 Elisa Pello Van Rysehelberge 2011

4x1,500 Meter Relay
1:36.59 Obeng-Akrofi, Chijoke, Parker, Cunningham 2015
1:36.88 Irafen, Conley, Bain, Williams 2017
1:34.33 Irafen, McCormack, Petersen, Joseph 2016
1:34.34 Ortiz, Dean, Banariewicz, Riccobono 1998
1:34.32 Yankah, Beerman, Bonaldes, Martin 1994

4x100 Meter Relay
45.87 Cunningham, Conley, Obeng-Akrofi, Chijoke 2006
46.33 Irafen, Parker, Obeng-Akrofi, Cunningham 2016
46.67 Ochoke, Iheukwumere, Chijoke, Parker 2010
46.51 Ochoke, Ochoke, Briggs, Hales 2010
46.56 Caldwell, Iheukwumere, N/A, Hales 2007

4x200 Meter Relay
46.51 Nell Crosby*18CC set the school record in the 3,000m Steeple and qualified for the NCAA Finals in her first season on the track.
MEN, 8,000 meters
1. Steve Sundell 24:26.9 2003 Heps
2. Aubrey Myjer 24:30.3 2015 Heps
4. Mike Grant 24:40.3 1998 Heps
5. Fred Ernst 24:43 1987 Heps
6. Paul Heck 24:48 1975 IC4A
10. Brian Horner 24:56.7 2006 Heps
12. John Garvie 24:56.7 2006 Heps
13. Paul Morris 25:56.7 2006 Heps
14. Jerry Groothuis 24:57.9 2004 Heps
15. Mark Minnich 24:58 2006 Heps
17. Brian Horner 24:59.1 2006 Heps
18. Ray Biersbach 25:03 1997 Heps
20. Carl Dusen 25:08 1990 Heps
23. James Bogner 25:11.6 2007 Heps
26. Marc Violone 25:18.3 2015 Heps
27. Ben Eversole 25:18.4 2016 IC4A
28. Steve Vilt 25:18.7 2004 Heps
29. Larry Hanson 25:19 1976 Harv. Penn
30. Anthony Moon 25:22.9 2002 Heps
34. Ryan Maynard 25:26.1 2005 Heps
35. Tom Poland 25:26.1 1996 Heps
36. Dan Whitt 25:27.1 2007 Heps
37. Sam Ritzi 25:27.1 2005 Heps
38. Spencer Haik 25:28.4 2016 IC4A
40. Henry Cohen 25:29 1973 IC4A

WOMEN, 5,000 meters
1. Caroline Bierbaum 17:01.4 2005
2. Lisa Stublic 17:10.0 2005
3. Caitlin Hickin 17:21 2000
4. Carmen Ballard 17:33.0 2006
5. Melissa Stellato 17:41.3 2002
6. Tenke Zoltani 17:41.5 2004
7. Trish Nolan 17:44 2002
8. Devon Martin 17:49 1989
9. Loretta Kilmer 17:49.6 2002
10. Lauren Harrison 17:54 2000
11. Jackie Drouin 17:54.2 2007
12. Shelby Leland 17:56.0 2006
13. Stephanie Lenihan 17:56.7 2006
15. Susan Hendrick 18:00.7 2006
16. Delilah DiCrescenzo 18:02.5 2006
17. Liz Burke 18:04.6 2002
18. Alexandra Guerrero 18:04.9 2003
19. Laura Meyers 18:05.1 2005
20. Hilary Bontz 18:14 2004
22. Daniella Padilla 18:13.2 2006
23. Trish Nolan 18:17 2002
24. Devon Martin 17:49 1989
25. Loretta Kilmer 17:49.6 2002
26. Lauren Harrison 17:54 2000
27. Hilary Bontz 18:14 2004
28. Sarah Decker 18:30.0 2006
29. Anne Kennedy 18:31.6 2005
30. Liz Gill 18:34.3 2005
Erison Hurtault ’07CC
2012 London Games
Dominica - 400m

One of the most decorated athletes in Columbia track & field history, Erison Hurtault served as the flag bearer for his parents' home nation of Dominica during the 2012 London Games. The 2007 grad took part in the 400m dash, clocking a 46.05 in the first round.

Akua Obeng-Akrofi ’17CC
2016 Rio Games
Ghana - 4x100m Relay

At the 2016 Rio Games, Akua Obeng-Akrofi was one of five women that represented Ghana on its 4x100m relay team. Confidence gained from that experience helped the ’18CC sprinter break two school record and pick up a pair of Ivy League titles the following season.

Harry Babcock ’1912
1912 Stockholm Games
Gold Medalist - Pole Vault

A local athlete from Pelham Manor, New York, Henry Stoddard “Harry” Babcock had an eventful year in 1912, as he graduated from Columbia with an engineering degree and claimed a gold medal in the Olympic Games. Babcock set an Olympic record at the time, clearing 12’11.5” (3.95m) to earn the Gold, while he also participated in the decathlon at the Olympic Games. He won the 1909 IC4A Bronze Medal in the long jump while at Columbia.

Maxie Long ’1900
Games of the II Olympiad
Gold Medalist - 400m

Although his Columbia blue uniform was mistaken for a French outfit during the Games of the II Olympiad in Paris, Maxwell Warburn “Maxie” Long would set the record straight. With a time of 49.4 seconds, Long won the Gold Medal in the 400m in 1900. The Waverley, Massachusetts, native would become the world record holder from 1900-1912 with a time of 47.8 in the 440 yard run.